

THE INFLUENCE OF BEHAVIOR ON OUR GENETICS

From *The ABCs of the New Physics*, Claudia Pacheco

Excerpt from *The New Physics*, Norberto Keppe

At the beginning of the twentieth century scientists believed that humanity could rid itself of criminals and obsessions simply by changing its genes. Lombroso, an Italian researcher, speculated about the possibility of there being what he called an “innate criminal” (genetically predetermined). One need merely alter our genes and the Earth would become populated by angelic creatures! Later, with the discovery of DNA and then RNA, a genetic mutation seemed very possible, but in reality this was not the case.

Cesar Soós: The first thing to explain is what Keppe is referring to in the first paragraph: the megalomania of the human being shows up very clearly in this thinking that we can manipulate genes in order to create a super race. This thinking originates from Mendel’s suggestion that the characteristics of the being are transferred through the genes, opening up the possibility that genes can be changed. From this idea came Mendel’s thought that he could create new beings this way. It was also later discovered that the DNA can be shaped, transformed, altered or distorted positively or negatively by the RNA.

Only two or three percent of our genetic material is organized; ninety-seven percent doesn’t make protein. Scientists do not know what this ninety-seven percent does or why it’s there in our genetic material, and they want to manipulate this disorganized DNA in order to create super beings. But this disorganized material came to us through inheritance. The bad attitudes of our ancestors have seriously affected our DNA so we can’t capture the total energy that would allow us to organize this material anymore. As the generations pass, our DNA became more and more chaotic because of our ancestors’ (and our) inverted attitudes. And our biggest inverted attitude is that we think we are the creators of our being when we’re not.

Claudia: We are finding in our research and practice here that we can change the RNA’s effects on the DNA through analysis, since the RNA is controlled by pathology.

Cesar: DNA and RNA can be compared to our psychological and sensorial life respectively. As we live in an inverted way, the more sensorial we are, the more inverted our energy will be, and so, the more influence our RNA will have upon our DNA. This is what we could call a “retrovirus,” because this is just a material agent (an RNA or DNA fragment) that receives reverse energy and acts against our own system. To further illustrate this point, recent studies have shown that the deformed, distorted DNA shows up in lots of different forms, and one of the most common is called the Z-Form. This Z-Form is also called inverted DNA, and this is what occurs when the RNA infiltrates the DNA and changes the DNA’s spin; in other words, when it causes one of the DNA spirals to spin in the contrary way. Cancer originates from this kind of inverted DNA.

Roberto Frascari: I was just thinking about cancer cells. What happens in this disease is that cancer cells get out of sync with their neighboring cells. Metaphysically, this shows us that when we try to do something artificial. This affects the energy of the cells and they stop resonating with essential energy and start to act by themselves. They divide and multiply too much, out of control, and they grow out of sync with the other cells. This shows that our pathology affects our bodies in a negative, dangerous way.

Claudia: Our pathology causes us to create these monstrous cells, which operate like monsters in our bodies.

Cesar: I would like to comment on this phenomenon of free radicals. What are they? They are any kind of molecule with an electron orbiting freely, and, this is important, an orbit that is in a contrary, or opposite direction from the others. If all the other electrons orbit in a clockwise direction, the free radical will orbit counter clockwise. Free radicals work exactly like inverted DNA. Electrons are energies, and a free radical means there's an energy spinning contrary to the other energies. Free radicals, RNA creating DNA, human pathology—they all have a connection. If we do not correct our behavior, if we do not correct the energetic factors, then we do not correct the free radicals or the RNA, and disease and mental illness occurs.

Claudia: Is everyone aware that if we did not have free radicals we would have eternal youth and eternal life? The oxidation of the cells caused by free radicals is responsible for death. Now we see that Keppe has made the link between Physics or energetics and human psychology, disease and even death. Keppe's new physics has connected all of this. Our psychological attitudes of denial, suspicion, pride, envy, opposition to goodness, love and happiness are attitudes that are present in us all the time, and these are the mechanisms responsible for inverting the functioning of our DNA and causing the oxidation of our cells, etc.

Participant: Claudia, are you saying that our pathology creates free radicals?

Claudia: Absolutely. Directly. Free radicals are energies—specifically they're distortions in the energetic functioning of the cell. The cell membrane should protect the cell from external garbage and attacks, but when we are stressed, mostly with emotional things, the electricity of the membrane is changed. It becomes weakened and it doesn't protect like it did before.

Cesar: I think there is a relationship between these free radicals and the RNA that has been inverted by our psychopathology. Free radicals attract undesirable molecules and atoms that destroy the tissues of the body. We do the same thing when we are unbalanced; we attract people who interfere in our lives. When we are more balanced and saner, we attract people who don't bother or disturb us. When we are pathological, we suffer interference from evil beings and people who want to disturb our lives even more than we do. Being pathological makes us very fragile and vulnerable to any kind of attack coming from outside. This also explains this phenomenon: when we have a bad attitude, we are also more prone to eating food or ingesting other things that are not good for us, and we become very vulnerable to all types of viruses or bacteria. These

things occur because we have become very fragile to external attacks, and the attitude underlying this is the same as the phenomenon of free radicals. Both situations reveal inverted energy.

Cesar: Pathology also reduces our field of perception, doesn't it? When we are overcome by our pathology we always think we are right. But when we start to have consciousness of our problems, our consciousness enlarges and then we have much better perception of our mistakes. This is fantastic.

Roberto: When we watch the development of a human embryo, we see that at the beginning the cells are totally alike; there is no difference between them. They are all like stem cells. But as they grow, they become influenced by the already existent fields of energy which give them the instructions they need to begin to form the distinct parts and organs of the body. This is a way of seeing that our bodies are energetic things. We can see this further when we study the stem cell phenomenon. When they transplant stem cells into an organ, they begin to divide as cells of that organ because they have entered that organ's field of energy. This is important to see because anything we do that causes us to block or affect our energy affects our entire body.

Claudia: This is a vital concept for us to understand in this book. Do you see that the invisible, energetic, even transcendental elements are much more important and stronger than the material, sensory, visible elements? The invisible, energetic elements are the most powerful things in our lives—even to the point where they create physical reactions and phenomena. Can you see that these are the things that shape our physical worlds? Keppe's disinversion of Physics can give us a whole new view of reality.

And now, let me take this line of thought a little further: if the spiritual, transcendental, energetic life is much more powerful and has much more impact than the physical one, don't you think we show how inverted we are as a species when we pay much more attention to what we eat and what we do physically than to the things of the transcendental world? We are much more afraid of pollution, of processed food, of missing exercise—well these are important, too, of course, but there are much more essential elements for us to pay attention to. And this leads me to the field of spiritual pathology.

We human beings give almost no attention to the fundamental, first causes of everything. This is what humanity doesn't want to take care of; we don't want to think about it. However, we are not alone in the universe. We have good and bad beings around us all the time, and they are not benign. They are interacting with us invisibly and they are much more influential than pollution. They are shaping our lives and even entering our bodies. They are helping to create diseases or heal, they are giving us good or bad ideas; all of this depends on our choices and orientation. Humanity is mostly unconscious of this; there have been enormous barriers to the study of this.