

## **The basis of pathological behavior is opposition to being** **From *Trilogical Metaphysics – The Liberation of Being* by Norberto R. Keppe**

Every being who does not wish to be must necessarily become sick because he immediately initiates an attack against himself. Any and all difficulty that exists in relation to man or society comes from impeding being; the rest is secondary. There is no other pathology of any kind that is not based on this. Similarly I can say with all certainty that any restriction to being results in difficulties for the individual and for social life; that is why we must impede the attitude of those who deny the existence of being in the person and in society.

When psychologists say “be yourself,” they are absolutely correct if such advice relates to essence; that is, if it is in accordance with essential truth, goodness and beauty. Is this not the natural aspiration of every human being?

C.W. reported that Mr. W.S., when explaining Trilogical Enterprises to a class, told them that when partners leave the company, they take their share with them.

*Analyst: What do you associate W.S.'s behavior with?*

*Client: Corruption.*

*Analyst: In this case, you need to see that you corrupt yourself in the same way.*

Corruption is the cause of most bankruptcies and people's failure to achieve professional success.

Patient P.S. of Finland told of an incident in Austria right after World War II when the mayor of a small town ordered his own currency printed for the townspeople to use in their transactions. The immediate result was enormous development for the town.

*Analyst: What do you see in the mayor's attitude?*

*Client: Freedom to grow, to be, as you have been saying lately.*

*Analyst: You see, then, that you can grow incredibly if you accept being, ridding yourself of the impediments you place in your existence.*

This excerpt from an individual session of psychoanalysis shows clearly how banking organizations are undermining social development (and, to a great extent, psychological development as well).

Denial of being is the most constant element in man, and the question this raises is why do we do it? To destroy ourselves, to displease the creator, or for “pleasure”? What I have noted is that the primary pathological behavior of the human being is to oppose being, which he rejects (1) to avoid having to accept all of the goodness, truth and beauty that come from being; (2) especially to avoid having to abandon his “freedom,” which is based on saying “no” to “yes”; and (3) because he also believes that his power lies in acting in opposition to being. Therefore, this choice is aimed at achieving “power,” “freedom,” and self-annihilation.

Toward the end of his life, Sigmund Freud noted the existence of an impulse towards death, which he called “trieb,” not only among the elderly but in all living beings – an impulse that begins to function soon after birth. Indeed, it is startling to see how man seeks discomfort, unhappiness and destruction when he possesses in his essence all goodness that could possibly be concentrated in one being alone.

The human being has within his reach all good, all of the qualities he needs to be happy and to transform society into a new Earthly Paradise. What man possessed at the beginning of time is exactly what he possesses now, with just one difference: he has a will

that prevents him from using his gifts to good advantage. In a manner of speaking, we are “sitting” on an incredible goldmine, refusing to use it. The aim of my work in psychosociopathology is precisely to denounce this situation.

G.A. was married to a hardworking, caring individual who provided for her every comfort, and yet she attacked him relentlessly.

*Analyst: Why do you do that?*

*Client: There's something in me I can't control. It's a need to fight with him.*

Psychoanalysis generally uses the term “projective identification,” (created by Melanie Klein) to describe a situation in which an individual sees his own problems in another person and continually attacks that person. Today I see this phenomenon as basically an opposition to life, the rejection of everything that is useful and enjoyable that life can provide us.

What exists in the universe is an immense perfection in which we are immersed and which we ourselves also possess. It is fundamental to be fully aware of this fact, to conscientize it, because even our intelligence depends on being aligned with this reality to function. We do not develop within good and evil, only within good; no progress comes from anything bad. It is urgent, then, that we stop fomenting pathology; indeed, the very word itself would not even exist if it were not for the wish to sicken or corrupt reality. The evil that exists in the world attests to the existence of the good that derives from the human being.