

People think that glory comes from their pathology

From Earth: Planet of Illusion, by Norberto Keppe

Client: In the group therapy session when I heard a man say he wanted to kill his wife, I identified with him – I've been very anxious ever since.

Analyst: That's a sign that you did not accept seeing this behavior in yourself.

Client: Then I have to consider that I have murderous tendencies?

Analyst: And why don't you want to see this in yourself? Every morning and every evening you should conjugate the verb: I am sick, you are sick, he/she is sick...everybody is sick in this way.

Client: Wouldn't that feed our pathology?

Analyst: No. The "healthy" individual is precisely someone who considers himself to be sick, and the sicker he sees himself to be, the healthier he becomes.

The human being believes that all glory comes from his pathological behavior, and it really appears that this is the case. This is why a powerful individual who wages war, drops bombs and exploits the poorest people is admired, while the person who is worthy and who truly helps his fellow man is seen as weak and a failure.

Client: When I was young, each time I told the truth about some naughty thing I did I was smacked; so I began to lie.

Analyst: Do you believe that you gain some advantage from lying and harm from the truth?

Client: That's how I think.

Another client said the following:

Client: I've arrived late as always: ten minutes after the beginning of my session.

Analyst: You think this attitude is advantageous. With what do you associate it?

Client: A mistake.

Analyst: Your idea is that mistakes are beneficial to you.

If an individual chooses to remain sick it is because he believes (in his inverted way of thinking) that this is the best way to be. Man creates armies, police, prisons and punitive laws because of his attraction to delinquency and aversion to goodness; the acceptance of evil is spontaneous, but accepting goodness requires sacrifice due to the effort one must make to go against the prevailing order.

Client: I think that it is possible for a person to reject the goodness God gives him.

Analyst: In fact whenever a person becomes ill he is rejecting his Creator to some extent.

Illness is linked to our relationship to God because He represents the life that we do not accept and because we would like to be little gods ourselves (theomania).

Client: I dreamed that when I came home the door to my house had been broken down and there was a group of very poor people inside.

Analyst: With what do you associate this house that had been broken into?

Client: My inner life breaking apart?

Analyst: You think that consciousness breaks your life apart. And the poor people?

Client: I don't know. They seemed dangerous.

Analyst: Your idea is that is if you see impoverished things inside yourself you will be in danger.

Human beings try to cast aside everything that brings them consciousness, locking delinquents into prisons (and even killing them) and attacking the geniuses and saints who speak the truth.