

The Will is Man's Greatest Enemy **Excerpt from *Liberation from the Will*, Norberto Keppe**

I have always wanted to write a book about the will since it seems to me to be mankind's greatest problem. We have the impression that if it were satisfied we would be happy, and if we weren't then life would be a great suffering. Well, if our desires were good that would be fine, but as we are always turned toward evil, obviously the use of the will would invariably lead us to all our problems in life. I could even go so far as to say that through this orientation we destroy our own planet and civilization.

The will is the great enemy of mankind since through it man has managed all the difficulties in his life. If this is shocking to you it is because you haven't yet perceived that we are inverted in our everyday life, meaning we do the opposite of what we should. In fact, this is so much true that a first recommendation I could make would be to not agree with your own desires since they are closely linked to the emotions. I can confirm that the human being uses his will to confound his own life.

Man's unhappiness comes from the fact that he is too willful (i.e., he has too much will), which is why he remains outside reality and fights against everything that can make him happy. The reader can easily see that a willful attitude will always lead him to want to live in accordance with his ideas rather than in accordance with reality. As I have shown, all that is good, beautiful and truthful exists on its own and demands that we adapt ourselves to it, and this does not happen when the will is predominant.

On the other hand, I don't want to lead mankind to complete apathy and indifference with life. I believe this was Buddha's greatest mistake because Sakyamuni advised us to extinguish passion and desires, as well as one's own being. I believe it is necessary to nullify the will so that the human being can grow and mature with all his force, and this is being impeded by emotions and desires. Every time a person acts according to his will he commits mistakes. Laws have been adopted precisely out of the need to prohibit emotions from predominating over reality—something that always happens when the human being allows his willfulness to dominate the situation.

Client CV said she was shocked to see how much suffering she caused herself. But what makes you suffer, I asked.

Client: The partner I took on who only causes me trouble.

Analyst: Then you provoke corruption which then causes you to suffer?

As you can see, women generally corrupt through their own ill will and ruin their relationships with family, workmates, relatives and friends, while men's corruption harms the external world, society and civilization. This makes marriage the ideal way to put an end to everything, each in his or her own way. In the example above we see how CV chose her partner based on emotion and not reason (reality), and this is why she has not been successful.

Psychotherapy is a treatment that tries to remove the will from the human being, in the sense of adapting him to reality. I am saying that the human being must forget himself if he intends to have some success in life, and especially if he wants to achieve balance and well being. Every accomplished individual has dedicated his time to some external work; whether he's a famous captain of industry, a great thinker, an artist or a politician he's had to abandon his personal preferences in order to accomplish their ideas. We can see this in the cases of Mozart, Edison, Disney, Von Braun, Latrousse, Arau, etc.

When the human being chose dishonesty instead of virtue, lies instead of truth and evil instead of goodness, he was choosing to dedicate himself to the accomplishment of his will because emotion is the origin of all these ills.